

SANKALP INDIA FOUNDATION

Sankalp Patrika



Sankalp India Foundation*

01 November 2025



Keeping the Light of Hope Alive This Festive Season

October arrived wrapped in the warmth of Dusshera and Diwali, a time for togetherness, celebration and light. But for our Bone Marrow Transplant units and Daycares, it also brought an uphill task. With people travelling and festive plans taking priority, arranging regular blood donations became a major challenge. Platelets, with their short shelf life, added another layer of difficulty.

Yet, amid the joyous bustle, silent heroes emerged. Responding to urgent appeals, registered donors, Sankalp India Foundation staff, and volunteers stepped forward to donate blood and platelets. Their quiet commitment ensured that no child's treatment was disrupted, even in the busiest of times.

A particularly heartening moment came when some parents of our BMT patients, moved by gratitude and solidarity, also came forward to donate. Their gesture embodied the truest form of giving, one born from empathy and shared struggle.

Special mention goes to Mr. Nishant Kejriwal and the VTVO volunteers, whose quick coordination brought in nearly **25** donors at a crucial time. Their efforts were a shining example of community-driven care in action.

These collective acts of kindness reminded us that while festivals celebrate light, the truest brightness is found in selfless deeds that keep hope and life flowing strong.

October Highlights

Blood Donation

Total collection: **1560** units from **34** camps. **1156** units collected by **21** Sankalp Blood Centre camps and in-house donations. Managed **12** rare Bombay Blood group requests

Thalassemia Management

Transfused **4587** units across **23** daycare centres in **7** states, aiding **2600+** children

Prevention

Screened **253** pregnant women and prevented **4** affected births, empowering families to take charge of their future.

Cure

Performed **28** Bone Marrow Transplants across our BMT units in Bangalore and Ahmedabad, offering renewed life to affected children

HLA Typing

Typed **602** individuals from **169** families across **5** camps in **5** states enabling potential matches

This November, as we honour the spirit of care and gratitude, let us also celebrate the strength and dreams of every child we serve.

Children's Day reminds us why we do what we do: to give each child the chance to grow, laugh and live freely.

Together, let us nurture hope, spread compassion and keep the promise alive.

Team Sankalp



Illuminating Hearts: Celebrating the Spirit of Deepavali at Sankalp

On 18th October, the spirit of Deepavali lit up Sankalp India Foundation with celebrations in both Bangalore and Ahmedabad.

At the Sankalp Blood Centre in Bangalore, the evening began with a pooja that filled the space with warmth and devotion. Families joined in, adding to the festive spirit. The rangoli competition brought colour and creativity to every corner, followed by a cheerful announcement of winners.

Laughter echoed during a lively round of Antakshari that brought the entire team together. We ended the evening on a joyful note with snacks and conversation.

The celebration was a reminder of the power of togetherness and shared happiness.

At Health1 Ahmedabad, the afternoon began with a pooja followed by a rangoli competition that showcased the team's enthusiasm and creativity.

Traditional attire, cheerful smiles and the spirit of unity made the day truly memorable.

Across both cities, the Deepavali celebrations reflected Sankalp's culture of community and compassion, lighting hearts as brightly as the lamps that marked the festival of lights.



100 Bone Marrow Transplants and Counting

On 3rd October 2025, Sankalp India Foundation marked a remarkable milestone by crossing **100** Bone Marrow Transplants since the beginning of this financial year. In October alone, **28** transplants are being carried out across the centres in Bangalore and Ahmedabad.

This achievement stands as a reflection of the dedication, skill and tireless effort of the teams working behind the scenes. Each successful transplant represents renewed hope for a child and their family, and a step closer to a thalassemia-free future.



HLA Typing: Building Trust Through Awareness

On 7th October, Shaival and Dharmik collected 67 family samples for HLA typing at Jodhpur, followed by 20 family samples at the Faridabad daycare on 8th October. Alongside the collections, impactful counselling sessions were held to address doubts and build trust in Bone Marrow Transplant as a cure.

A highlight at the one of the camps was Krishkumar's father, a post-BMT patient's parent, sharing his inspiring experience in the local language. His testimony was instrumental in helping families overcome fear and gain confidence to choose BMT for their children.



Thermo Fisher Scientific CSR: A Day of Learning, Joy and Giving Back

A day of learning, laughter and connection marked the visit of the wonderful team from Thermo Fisher Scientific to Sankalp India Foundation. The day began with cheerful introductions, followed by an engaging session on blood donation and thalassemia that highlighted the impact of collective effort in saving lives.

The team then visited our blood centre, child care home and daycare centre, gaining a closer look at the work that goes into supporting children and families every day. Inspired by the work they witnessed, a few volunteers even came forward to donate blood, turning their visit into a true act of compassion.

The highlight of the visit was the joyful time spent with our children, filled with games, laughter and dancing that brought smiles all around. The day concluded with reflections, group photos and a shared meal that captured the warmth of the occasion.

The visit reminded everyone that giving back is not only about contribution, but also about connection and empathy.

We thank the team from Thermo Fisher Scientific for spending their day with us and for their continued support of our mission to make a lasting difference.

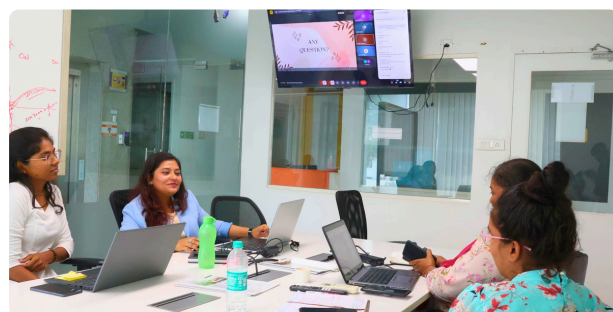


Building Reflective Leaders through SHeAL

The Sankalp Hemoglobinopathy Academy of Learning (SHeAL) continues to nurture reflective and compassionate leaders through its Mentor Development Series.

Mentored by Mr. Sunil Dhimal and facilitated by Ms. Jessiena Ponmalar, the series empowers senior professionals to design and deliver impactful learning experiences for their team members.

Batch 1 has completed all three modules and are preparing for certification, while Batch 2 begin their journey with strong participation and enthusiasm.



World Mental Health Day: Pause, Reflect and Recharge

On the occasion of World Mental Health Day, Sankalp India Foundation organised a virtual session on everyday mental health and emotional well-being under the theme Pause, Reflect and Recharge.

Conducted by our psychologist Anisha, the session saw active participation across departments with discussions on self-care, emotional awareness and stress management. Activities like the Emotions Wheel and Wheel of Recharge were well received, with participants requesting regular sessions to build a supportive, stigma-free workplace.



Cure chronicles: Bhavani's Journey of Courage and Hope

Bhavani's family from Yadgiri moved to Bangalore for her treatment. Since she was seven months old, Bhavani received regular blood transfusions at our Daycare in Indira Gandhi Institute Of Child Health.

When doctors found a suitable HLA match in her family, her father hesitated, fearing for his young son who would be the donor.

Over the next two years at the Sankalp daycare, the family saw many children successfully treated through bone marrow transplants. Seeing their recovery helped her father overcome his fear and agree to the procedure.

The transplant was completed successfully, and Bhavani has now been discharged in good health. She hopes to return to her village and live a peaceful life.

Her story stands as a reminder that awareness, trust and timely treatment can turn fear into hope and healing.



Microsoft Employees: Joy of Giving with 591 Units of Blood

In October, Microsoft employees across India came together to celebrate the #JoyOfGiving as part of Microsoft Give 2025, partnering with Sankalp India Foundation to organise blood donation drives across their campuses.

The campaign spanned multiple cities, with employees turning out in large numbers to support the cause:

- Noida (9 Oct) – 45 units
- Mumbai (8 Oct) – 43 units
- Nagpur (8 Oct) – 10 units
- Pune (8, 9 & 15 Oct) – 202 units
- Jamnagar (9 Oct) – 17 units
- Chennai (9 & 10 Oct) – 91 units
- Gurugram (15 Oct) – 15 units
- Bangalore (15, 16, 30 & 31 Oct) – 168 units

Together, these efforts added up to **591** units of blood, translating into hundreds of lives supported across the country.

By contributing their time and compassion, Microsoft employees turned the spirit of the giving into a meaningful act of life-saving impact for patients across the country.

[Read more on sankalpindia.net](http://sankalpindia.net)

MYTH BUSTERS

MYTH

Thalassemia and sickle cell disease are the same and require same treatment.

FACT

Both are hemoglobinopathies, but different. Thalassemia reduces the amount of haemoglobin, while sickle cell disease changes the shape of red blood cells.

CONTRIBUTE NOW

